**CHRISTINE COURTOIS, PhD, ABPP**  
*Author of Treatment of Complex Trauma*

Dr. Courtois specializes in the treatment of trauma, particularly for adults experiencing the effects of childhood incest and other forms of sexual, physical, and emotional abuse. She has worked with these issues for 35 years and has developed treatment approaches for complex posttraumatic and dissociative conditions for which she has received international recognition. She offers integrative and evidence-based relational treatments. Her most recent books are *It's Not You, It's What Happened to You*, and *Spiritually Oriented Psychotherapy for Trauma*.

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**RONALD D. SIEGEL, PSYD**  
*Author of The Mindfulness Solution*

Assistant Professor of Psychology at Harvard Medical School, where he has taught for over 30 years. He is a long-time student of mindfulness meditation and serves on the board of directors and faculty of the Institute for Meditation and Psychotherapy. Dr. Siegel teaches internationally about mindfulness and psychotherapy and mind-body treatment, has worked for many years in community mental health with inner-city children and families.

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**CHRISTINE A. PADESKY, PhD**  
*Author of Mind Over Mood*

Co-founder of the Center for Cognitive Therapy and a leading cognitive behavior therapy innovator, Dr. Padesky provides workshops and consultation for therapists worldwide, develops CD and DVD CBT training materials, and is co-author of five books, including *Mind Over Mood*. With over a million copies sold in 23 languages, *Mind Over Mood* has won national and international awards. Dr. Padesky's honors include the Distinguished Contribution to Psychology award (California Psychological Association) and the Aaron T. Beck Award for her enduring contributions to the field (Academy of Cognitive Therapy).

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**SPECIAL FOCUS WORKSHOPS**

Integrating Mindfulness into Psychotherapy Practices • Narcissism • Mindfulness for Anxiety • Alternative Therapies for Trauma and PTSD • Wellness and Ethics Spirituality in the Treatment of Trauma • Borderline Personality Disorder and Substance Abuse • Trauma Focused Treatments • And much more…

*For complete agenda visit: www.OrangeCountySummitConference.com*

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PROGRAM FOCUS AND GOALS
The Institute of Behavioral Healthcare is the producer of the Summit for Clinical Excellence Conferences, a premier provider of continuing education for behavioral health, mental health and addiction, professionals. We bring together the best and brightest trainers from many disciplines offering a broader perspective to help our therapists and counselors better address the issues that their client is facing day to day.

CONFERENCE OBJECTIVES:
1. To identify current evidence-based specific diagnostic and treatment approaches, counseling skills and modalities that will be successfully applied to the fields of mental health, behavioral health and addictive disorders; including but not limited to: MAT, Narcissism, Trauma, Addiction, Addictive Disorders, HIV/Hep C and Ethics.
2. To identify the symptoms and characteristics of the disorders mentioned in objective #1
3. To participate in skills-building workshops and unique trainings that offer cognitive and experiential clinical techniques; to assist in patient/client recovery from these listed disorders.

CONTINUING EDUCATION CREDITS
The Summit for Clinical Excellence will offer Continuing Education Credits from the following organizations. Please visit www.OrangeCountySummitConference.com for updates.

NATIONAL ORGANIZATIONS
AMA, The American Medical Association, This program has not been submitted for Category 1 CME but can be considered for Category 2 Self claiming credit.
APA, American Psychological Association, Cosponsor CE Learning Systems, LLC.
AAHCPAD, American Academy of Health Care Providers in the Addictive Disorders, AAHCPAD #16-1460.
ASWB, Association of Social Work Boards, Cosponsor CE Learning Systems, LLC. Provider #1020.
CCAPP, The California Consortium of Addiction Programs and Professionals Provider Number 05-11-154-0819.
CA BBS, California Board of Behavioral Sciences This California Board of Behavioral Sciences accepts approvals from APA and ASWB. Cosponsor CE Learning Systems, LLC is an approved provider.
IC&RC, International Certification & Reciprocity Consortium
NBCC, National Board for Certified Counselors. ACEP No. 6791
NAADAC, The Association for Addiction Professionals. Provider # 90312

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2018 KEYNOTE SPEAKERS
Christine Courtois, PhD, ABPP
Ronald D. Siegel, PsyD
Christine A. Padesky, PhD

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